Characters of Wisdom

KAATZ Debra

Over 4000 years ago the great Chinese Emperors knew that life was regulated by energy meridians running through the body. Along each of the energy channels were special points that could be stimulated to bring life into balance and harmony. Each of the points was given a very particular name that told a story about how the energy flowed and how it could be used to bring harmony to our lives. Acupuncturists stimulate these points in various ways to bring energy back into balance.

This book is about the Taoist tales of the Chinese characters for 361 of these acupuncture points. It is an introduction to the beauty of this ancient form of healing medicine and will delight practitioners, students and anyone interested in Chinese characters and the healing spirits of each of these special points.

The 3rd edition has two new chapters on five element acupuncture, has been completely re-edited and includes more information on all the points.

About the Author

Debra Kaatz lives in rural France in a stone house she build herself that is surrounded by magical gardens. She works as a Chinese Medicine healer, teacher and musician. She is invited to teach in countries around the world.

Harrison Xinshi Tu is a master Chinese calligrapher devoted to his art form. He exhibits internationally in the USA, Japan, Singapore and Europe. He is also a devoted proponent of exchange and mutual understanding between East and West.

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