This authoritative text provides a complete overview of Chinese moxibustion techniques and methods, including contraindications and specific treatments for a wide range of conditions. The authors cover the fundamentals of theory as well as the skills and techniques practitioners will need, and provide a detailed summary of all of the acupoints commonly used in moxatherapy.

The book also covers the ways in which moxatherapy can be used to cultivate general health and wellbeing in patients, and goes on to explain in detail how to treat a wide range of complaints; for each complaint, descriptions of typical cases and the acupoints and procedures needed for treatment are provided. Extensively illustrated with photographs which clearly demonstrate clinical procedures, this is an essential reference for students and practitioners of acupuncture.

Professor Chang Xiaorong is a doctorate advisor and leading teacher in the Human higher education system. She is the Director of the National TCM Administration's Meridian-Organ Relationship Key Research Unit, as well as the director and academic leader of the Hunan Provincial Acupuncture, Moxibustion and Tuina Key Discipline, director of the Hunan Acupuncture Provincial High Quality Courses, vice-president of the Human Acupuncture Association and research topic correspondent reviewer for the National Natural Sciences Foundation. She has been involved with acupuncture for thirty years and has taught on both undergraduate and postgraduate degree programs. Professor Chang Xiaorong is the Editor of Needling Techniques for Acupuncturists: Basic Principles and Techniques, also published by Singing Dragon.