For centuries face reading has provided an insightful aspect of traditional Chinese medicine. Based on an understanding of the shapes, markings and features of a face, a therapist can learn more about the health & life of a patient, relating to the principles of Chinese medicine.

Features:
> A fascinating & unusual subject tackled in a highly readable & detailed way - giving all levels of reader the chance to take something personally useful away from the book
> A useful adjunct to the diagnostic tools in traditional Chinese medicine - giving the practitioner an additional 'tool' to make an ever more accurate diagnosis of their patient
> Written by a lecturer & writer already known in this field - giving a uniquely authoritative & experienced voice to a subject which has been covered only a little in other texts
> Heavily illustrated - to make sure that the reader is clear in understanding what the text describes.

Contents:
Introduction
> Chinese Face Reading & Diagnosis
> Ancient Wisdom - Modern Applications
Section I: The Changing Face This section talks about aging and how the face changes over time. Genetic versus environmental factors are reviewed. Also discussed is how the expression of emotions marks the face and changes the shape of the features.
Section II: The Universal Language of the Face This section is about the power of non-verbal communication and its use throughout the world. Emotions and their expressions are universal. The basic facial expressions are analysed within the framework of the facial muscles.
Section III Facial Diagnosis & Healing This section talks about the use of face as a diagnostic tool in Oriental Medicine. It explains what kind of thing that can be seen on the face for medical purposes.