This is the third edition of this popular text. It contains a substantial amount of new material, an increased emphasis on diagnosis and updated treatment recommendations.

The book is divided into three sections:
1. Review of TCM framework
2. Outline of pathoanatomical perspective
3. Review of each area of the body with updated treatment recommendations

It is unashamedly designed to help the working practitioner and not as an authoritative referenced text for academic use. There is a need for such a guide because, although musculoskeletal disorders seem to form a large proportion of the problems presenting at an acupuncture clinic, most acupuncture courses in the West devote only a little time to their study.

David Legge has been practicing as an osteopath and acupuncturist for more than thirty years, specialising in the treatment of painful musculoskeletal disorders. He has taught widely, both in Australia and overseas, for most of that time.