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# Four NEW titles in complementary medicine

Written or selected by Kerry Bone

BISHOP

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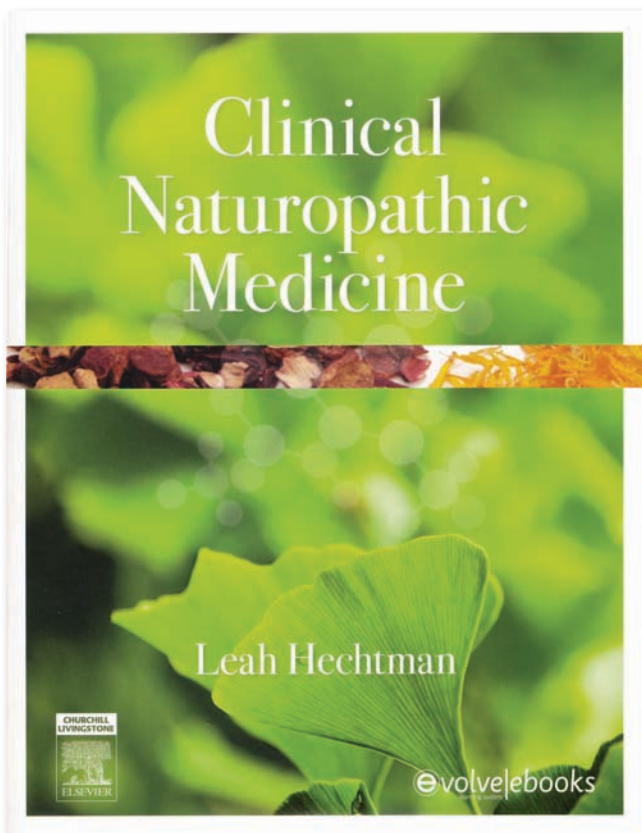
GALVIN

HECHTMAN

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NOW AVAILABLE DIRECT FROM THE AUSTRALIAN COLLEGE OF PHYTOTHERAPY



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## Clinical Naturopathic Medicine

### Australian author

**Leah Hechtman** MSc Med (RHHG), BHSc (Naturopathy), ND, Lecturer, Herbal Medicine, Nutrition, Naturopathy (UG and PG) University of Western Sydney, President NHAA; Director, The Natural Health and Fertility Centre, Sydney

Clinical Naturopathic Medicine represents a foundation clinical text bringing together the traditional principles of naturopathic philosophy with the scientific rigour of evidence-based medicine.

The book covers all the body systems and related common health conditions with clear, accessible directions for treating the individual patient along naturopathic guidelines. Treatments covered include herbal medicine, nutritional medicine and lifestyle recommendations. All chapters are structured by system and then health condition, so readers are easily able to navigate the content. The text is designed for both naturopathic practitioners and students (undergraduate and postgraduate levels) and for medical and allied health professionals with an interest in integrative medicine.

### FEATURES

- Discusses the historical perspective, current position and future directions for naturopathic medicine within the health care community.
- The naturopathic treatments provide readers with a solid understanding of the major therapeutic modalities to use within naturopathic medicine.
- Each system is reviewed from a naturopathic perspective and is then considered within mainstream medicine to correlate the divergencies and synergies of these treatment viewpoints.
- Each condition is integrated into a concise discussion of treatment objectives and therapeutic considerations followed by case studies to translate and support recommendations.
- Information is rigorously researched (over 7500 references) from both traditional texts and recent research papers.
- Evolve ebook included. A code inside this text enables a full text download, so you can browse and search electronically, make notes and bookmarks in the electronic files and highlight material.

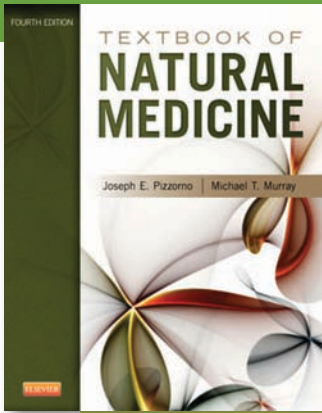
ISBN 978 0 7295 4151 0

1596 pages

Churchill Livingstone

### Appendices

1. Herbal medicine dosage chart; 2. Herbal medicines during pregnancy and lactation; 3. Nutrients: Lifespan requirements and pharmacological dosage; 4. Dietary nutrient sources; 5. Nutritional assessments and physical examination; 6. Symbols and abbreviations; 7. Laboratory reference values; 8. Herbal medicines and laboratory investigation interactions.



## Textbook of Natural Medicine — 4th Edition

**Joseph E Pizzorno, Jr ND, President Emeritus, Bastyr University, Kenmore, WA, USA**  
**Michael T Murray ND, Faculty, Bastyr University, Kenmore, WA, USA**

Long regarded as the central text for naturopaths, and covering preventive, non-invasive and natural treatments, the new Textbook of Natural Medicine 4th edition is a must-have for every serious clinician. It promotes an integrated practice that utilises natural medicine, traditional Western medicine, or a combination of both, in a comprehensive, scientific treatment plan. Based on a combination of philosophy and clinical studies, the Textbook of Natural Medicine helps you provide health care that identifies and controls the underlying causes of disease, is supportive of the body's own healing processes, and considers each patient's unique biochemistry. Internationally known authors Joseph Pizzorno and Michael Murray include detailed pharmacological information on herbs and supplements, plus evidence-based coverage of diseases and conditions to help you make accurate diagnoses and provide effective therapy.

### FEATURES

- Discusses Western medical treatments and how they can work with natural medicine in a comprehensive treatment plan; if natural medicine is not effective, this book recommends the Western treatment.
- Extensive coverage of the therapeutic activity of natural medicines including the uses and potential dangers of nearly 80 herbal medicines, special nutrients, and other natural agents, addressing topics such as chemical composition, history, pharmacology, clinical applications dosage and toxicology.
- In-depth, evidence-based coverage of 73 diseases and conditions.
- Potential interactions between drugs, herbs, and supplements ensures the safest possible use for each of 79 herbs and supplements.
- Diagnostic procedures are discussed, including practical, easy-to-follow descriptions of evidence-based techniques plus assessments of the clinical application of diet analysis, food allergy testing, immune function assessment, fatty acid profiling, hair mineral analysis and other diagnostic approaches.
- Common therapeutic modalities are reviewed, including botanical medicine, nutritional therapy, therapeutic fasting, exercise therapy, hydrotherapy, counselling, acupuncture, homeopathy and soft tissue manipulation.

- Reviews the underlying causes of diseases by discussing topics such as food reactions, functional toxicology, sports nutrition, stress management and breathing pattern disorders.
- The philosophy of natural medicine section includes its history and background, with discussions of toxicity and detoxification.
- Internationally known authors Joseph Pizzorno and Michael Murray and more than 90 expert contributors provide material that is up-to-date, accurate and informed.
- More than 10,000 research literature citations.
- 13 useful appendices offer quick lookup of useful charts, handouts, and other information.

### NEW TO THIS EDITION

- New chapters are included on topics such as female infertility, medicinal mushrooms, natural products and quality control, pregnancy health and primary prevention, and Vitamin K; new appendices include a supplier certification questionnaire and cervical escharotic treatment.
- Thorough updates ensure that you use only the most current research and provide the most effective treatment of patients.
- Tabs in the Specific Health Problems section separate more than 70 diseases/conditions in alphabetical order.

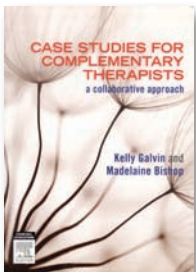
ISBN 978 1 4377 2333 5

**2208 pages**

Churchill Livingstone

## Case Studies for Complementary Therapists: A Collaborative Approach

*Australian authors*



**Kelly Galvin** *Course leader Adv Dip Naturopathy, Lecturer, Clinical supervisor, Holmesglen Vic and*  
**Madelaine Bishop** *Lecturer and Senior clinical supervisor, Aust Inst of Holistic Medicine, Perth, WA*

This text provides an insight into the initial complementary and allied health consultation process, offering extensive treatment and collaborative referral options for individual cases, rather than dictating diagnostic analysis or treatment protocols for specific conditions. Worked examples are provided to help the

practitioner collect the necessary information to develop a working diagnosis and treatment protocol for individual cases. Readers can then adapt questions, decision-making tools and therapeutic recommendations to suit the needs of their own clients, arriving at the appropriate treatment. Complementary practitioners are often uncertain about the legal and ethical boundaries regarding diagnosis and case management. This book not only assists practitioners to recognise situations requiring referral and understand their role in collaborate case management, but also integrates a range of modalities into treatment programs.

ISBN 978 0 7295 3955 5

**709 pages**

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## The Ultimate Herbal Compendium: A Desktop Guide for Herbal Practitioners

*The most comprehensive, accurate and up-to-date desktop herbal prescribing reference*



**Kerry Bone** *BSc(Hons), Dip Phyto, FNIMH, FNHAA, MCPP*

The Ultimate Herbal Compendium is a reliable ready reference designed for the busy health practitioner. It contains up-to-date, easily-found information on a wide range of herbs and conditions, including doses for herbs in tablet form as well as liquids. Careful research of all the

available herbal information, combined with Kerry Bone's many years of clinical practice, ensures that all valid herbal treatment options can be considered.

### FEATURES

- Compact, user-friendly desktop style in a durable ring-bound format.
- Over 400 medical conditions and 190 herbs covered.
- Detailed example protocols for 50 major conditions listed.
- A full bibliography outlines all sources used.
- Provides the most current and accurate information on herbal remedies, their actions, indications, dosage, contra-indications and herb-drug interactions.

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**157 pages**

Phytotherapy Press

