

KAMPO

A Clinical Guide to Theory and Practice

Otsuka KEISETSU



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Theory and Practice

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Otsuka KEISETSU

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Kampo: A Clinical Guide to Theory and Practice provides an outstanding overview of Kampo within the modern society and goes on to present a historical perspective from the practitioners in Japan and the West. The translation opens with Dr. Otsuka's personal reflections on how to study Kampo, the practical and legal status of Kampo practitioners when he began practicing and includes clinical anecdotes.

The book summarizes the diagnostic theory and methodology and includes 80 principle formulas followed by therapeutic section organized by the Allopathic definitions of disease. The heart of the text outlines the essential clinical information on how differential diagnosis and formula selection is achieved with the Kampo tradition.

It follows a systematic approach to Internal Medicine beginning from the cardiovascular and respiratory disorders and then followed by a comprehensive analysis of the body systems.

A detailed index which includes 120 chief herbal formulas and 180 individual herbs, they are compiled from the author's lineage and experience. The translators have also incorporated an original piece that is comprised of the comprehensive glossary of terms designed to clarify concepts of health and diseases unique to Kampo and Japanese culture.

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